

We present one of our best coaches, who will be the right coach as their club is looking for:

CV – Lukasz Marciniak Volleyball coach Born: 20.04.1990



Lukasz Maciniak is a 34-year-old Polish coach with extensive experience in coaching clubs in the best leagues and national teams. One of the few coaches what have experience on different positions in Club and National Team (Head Coach, Assistant Coach, Scout, Physical Coach, Physiotherapist) with Women's and Men's Teams, a coach with coaching skills at the highest level of training and conducting matches, who is a leader both on and off the court.

# **EXPERIENCE**

### summer 2024

Head Coach of Norway men's national team (seniors) / Euro Volley 26' qualification

# DRESDNER SC 1898 (August 2023 - May 2024)

- Women Volleyball League (1st division / German top league)

1/8 of CEV CUP / Semifinal of German Cup / Athletic Coach & Assistant Coach

# THURINGEN (August 2020 – June 2023)

- Women Volleyball League (German top division)

1st Bundesliga: 6th place (Season 2022/2023) / Quaterfinal of German Cup (Season 2022/2023)

Challenge Cup – Semifinal (Season 2022/2023) / 5th place (Season 2021/2022)

Quaterfinal of German Cup (Season 2021/2022) 7 6th place (Season 2020/2021)

Quaterfinal of German Cup (Season 2020/2021) & Scout (HUN)

#### (November 2019)

- Women Volleyball League in Poland (2nd division) in Poland (2nd division) Finished work because of finance problem of the club

# POTSDAM e.V (Semptember 2018 – June 2019)

Women Volleyball League (1st division) /
 3rd place (Season 2018/2019) / Semifinal of German Cup (Season 2018/2019)
 Position: Assistant Coach & Scout (ITA), Guillermo Hernandez (ESP)



# VOLLEYBALL NATIONAL TEAM OF NORWAY (June 2018)

Position: Assistant Coach & Scout (NOR)

## BIAŁA (August 2016 – May 2018)

 Women Volleyball League (1st division) / 7th place (Season 2016/2017) / 7th place(Season 2017/2018)

Position: Scout & Assistant Coach with: Mariusz Wiktorowicz (POL), Tore Aleksandersen (NOR)

### DEVELOPRES RZESZÓW (August 2015 – May 2016)

- Women Volleyball League (1stdivision)11th place (Season 2015/2016)

### ROLTEX ZAWISZA SULECHÓW (August 2013 – May)

Women Volleyball League in Poland (2nd division)

5th place (Season 2013/2014) / 1st place (Season 2014/2015)

Physiotherapist & Scout & Assistant

### **EDUCATION**

#### PHYSIOTHERAPY / University School of Physical Education in

Master Degree: extramural studies / Department of Physical Education, Sports and Rehabilitation / Faculty: Sports Physiotherapy

#### PHYSIOTHERAPY / University School of Education and Administration in

Bachelor Degree: Department of Public Health / Faculty: Physiotherapy graduated magna cum laude

#### Additionally:

Volleyball Instructor (2014) / Volleyball Coach of Polish Federation (2019)

Pedagogical Postgraduate Studies (2022) / Physical Education at School

#### **COURSES**

Sports Taping in Rehabilitation / Differential diagnosis and manual therapy of locomotor system dysfunction (lumbar vertebrae, pelvis, hip, thigh) / Clinical aspects of urogenital system / Pilates / Functional Manual Therapy / Structural Osteopathy / HAVLA Manipulation



### **Techniques courses**

Flossing in Training and in Therapy / Volleyball training for children and young people / Teaching technical skills (Overhand pass and beach volleyball) /
Velocity Based Training - Level 1 / Velocity Based Training - Level 2 / Champion of defense / New methods of the practice /
Physical preparation in volleyball / Volleyball Performance /
A Compendium of knowledge: Motor Preparation in Volleyball /
Programming of Physical Training – Level 1 / Plyometric and generate of power /
Monitoring in Sport / Conference - Physical Preparation in Volleyball /
German National Team U23 / Agility, Plyometric, Speed (Practical Side of Training) /
Programming, Monitoring, Energy System (The Practical Side of Training) /
Special Method in Team Sport / Programming of Practice - SCEC /
Power Training - (Sports Training Center) / Squat - SCEC / Schoulders Training in Practice (Sports Training Center) / Periodization (Sports Training Center)

